16th WORLD GYMNAESTRADA 2019

DORNBIRN
VORARLBERG
AUSTRIA

7th to 13th July 2019

BULLETIN 1 EN

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1

World Gymnaestrada 2019 in Dornbirn

1.1 | Welcome

An important decision

65 years ago the FIG Congress made an important decision. The decision was that, with the help of a Member Federation, the FIG should organise an international Gymnastics Festival under the name Gymnaestrada.

Many thousands of gymnasts and the people around them have been, and still are, very happy about that decision.

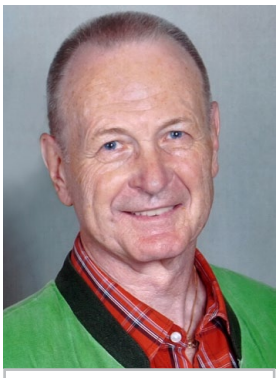
Now 65 years later we are busy planning the 16th World Gymnaestrada and we are happy to have an experienced organiser. The Local Organising Committee in Dornbirn, Austria knows how to transform the area of Vorarlberg into one big Gymnastics festival with more than 20 000 participants.

The FIG Gymnastics for All committee is happy working close together with the Local Organising Committee and the Austrian Gymnastics Federation and we know that everyone coming to the event in 2019 will experience this very special feeling of coming together and showing our colours!

WELCOME!

Margaret Sikkens Ahlquist
FIG Gymnastics for All Committee – President

Welcome to Austria!



The ÖFT (Austrian Gymnastics Federation) and the Austrian gymnastics movement are very proud, that the World Gymnaestrada 2019 is taking place in Austria for the third time. After Vienna 1965 and Dornbirn 2007 the new repeat for 2019 in Dornbirn will surely be an outstanding event for all participants!

The main idea of the Gymnaestrada of doing gymnastics together in a group is especially firmly established and widespread throughout Austria. That is why already there is great excitement and enthusiasm by us for the world gymnastics festival in 2019!

We thank the FIG for trusting us to organise this mega event again. The well proven organising team in Dornbirn are doing their utmost to prepare and ensure for the many thousands of expected guests from all over the world an unforgettable gymnastic sports week in the heart of Europe.

Prof. Friedrich Manseder
President of the ÖFT

Just once in a lifetime ...

... that's what we thought, as we organised the World Gymnaestrada 2007, just once in a lifetime do you have the chance to organise such a big event.

And now again we have been awarded the opportunity to arrange the world's biggest Gymnastics for All festival. In 2019, Dornbirn/Vorarlberg will again be the host to the World Gymnaestrada.

Realising how huge the task is we are already in the middle of preparation work. From experience we know about the physical effort involved in fulfilling this challenge.

But knowing and anticipating the happiness, composure and perfect gymnastic performances that await us is our motivation in again undertaking this huge task.

We are looking forward to a week full of colourful achievements, friendship and tolerance. Also our highly motivated volunteers and the population of Vorarlberg join us in our enthusiasm!

Marie-Louise Hinterauer
President of the Local Organising Committee, LOC
with Erwin Reis (Managing Director) and all of the LOC-Team

1.2 | 2007 and 2019 in Dornbirn

Again in Dornbirn

The World Gymnaestrada 2007 in Dornbirn was such an incredible success for participants, organisers and the province of Vorarlberg. This success was the reason to apply again to organise the World Gymnaestrada in 2019. As we heard during the 15th World Gymnaestrada in Helsinki that we had been successfully awarded the event, we were absolutely thrilled and delighted. There was a lot of cheering in Vorarlberg and the big news of the day was "Have you heard that in 2019 there is going to be another Gymnaestrada here!" What was so nice, we have experienced, was the volume of anticipation from so many people across the board. It is not just thrilling news for the Vorarlberg Gymnastics associations and the organisation team, but also for the whole of the Vorarlberg population.

After the confirmation to hold the event again in Dornbirn, a lot of the locals were busy looking in their cupboards for photos that they took back in 2007. A lot of friendships were made and many are still intact and in contact today.

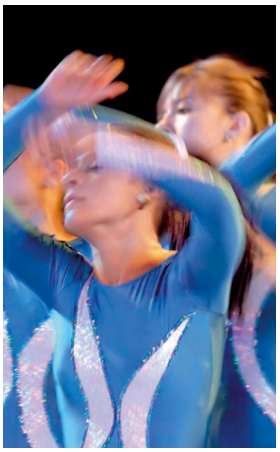
The consequences of the last World Gymnaestrada in Dornbirn are still clearly recognisable. From the gymnastics side: more gymnastics clubs were founded and not only were there more gymnasts but the quality has really improved as well. Gymnastics has gained importance in Vorarlberg!

Especially big is the interest and excitement from the volunteers for the Gymnaestrada and already three years before the event there are numerous registrations as volunteers, who want to be part of the Gymnaestrada and with their involvement are making an incredibly valued contribution. Also the town Dornbirn, the province of Vorarlberg and those responsible in the Ministry of Sports, as well as numerous partners from industry and commerce, who have realised the value of the Gymnaestrada will partake, sponsor and want to be involved and have already said they will support us.

It is for us a great pleasure with so much enthusiasm from all sides to start the preparations.

Not a copy of 2007 and ambitious new goals

Thanks to the success of 2007 we can draw on our wealth of experience and the positive atmosphere and count on the population of Vorarlberg for their support again. This gives us a safety net but at the same time ample and fascinating scope to find new ideas and incorporate them. The World Gymnaestrada 2019 should not be a copy of its predecessor but to use the bonus of 2007 and to improve it. We are aware that there are great expectations after the last success, so we have set ourselves ambitious goals for 2019. The first goal is that there should be participants from over 50 nations. We hope that you all will want to be here, as only in such way, we can achieve that!



1.3 | Our guideline

Motto – Come together. Show your colours!

The motto of the World Gymnaestrada 2019 is our guideline on the way to the event and the event week itself. This is displayed visually in communication as well as in the dramaturgy and choreography.

This motto is a reminder of the motto used for the World Gymnaestrada 2007 – *come together. be one.* Although it is a reminder, it has room to offer new ideas for 2019.

The first part *come together* for 2007 remains unchanged and reminds us of the coming together of all people and nations to celebrate a peaceful sports festival.

The second part *Show your colours!* shows the variety and wide colour range of the world wide gymnastics community.

By word, *Show your colour* means to show ones' true nature. With *Colours* this is an invitation to all participants to perform at their best, to *present colourful shows.* Also it is an invitation to all of the World Gymnaestrada family to *show their variety, to make this a colourful festival.* Even for the organisation team, all volunteers and the local people this is an invitation to *show the world their hospitability and delight* in greeting all the visitors from all over the world!

come *together.*
show your ***colours!***

Logo – a colourful spiral

The yellow spiral on a blue background typified the World Gymnaestrada 2007 and is still a symbol for this successful event. The logo for 2019 should remind us of this successful experience and also introduce new aspects and ideas.

A new shape and colour scheme was consciously sought – a very colourful 5 radial »spiral galaxy«. Possibly associated with: rotation, fireworks, beauty, harmony, symmetry, choreography, the meeting of 5 continents, unification.

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Panorama-Band – the backdrop

An additional design element is the panorama band which derives from the Alpine world around Dornbirn and the Rhine Valley and offers a stage for the World Gymnaestrada.

Significance and possible associations

- Backdrop and stage of the World Gymnaestrada 2019
- The way to the World Gymnaestrada 2019
- A gymnastics apparatus (ribbon/cloth)
- A depiction of a sequence of movement

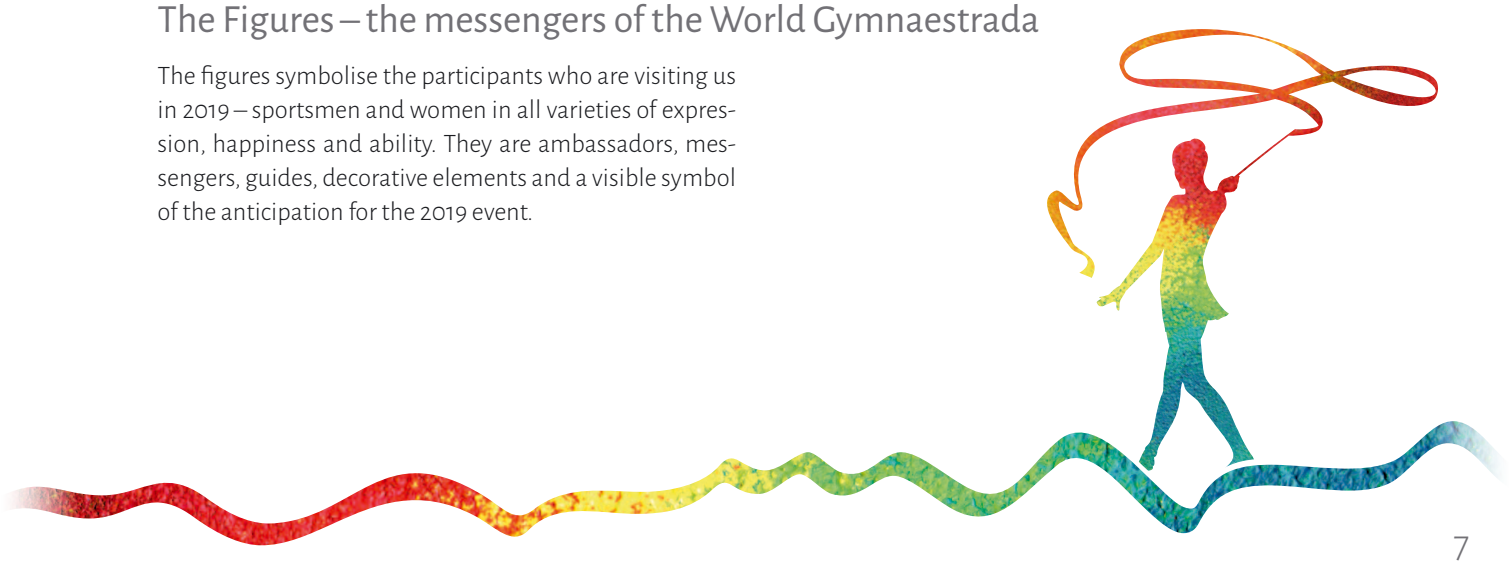
Colours – the great variety

A great variety, radiant colours and a vitality also from inside the colour areas characterises the event as multi-faceted, happy and full of energy.

The main colour of the World Gymnaestrada 2019 is "colourful" as it again mirrors the variety of the event. No individual colour is preferred.

The Figures – the messengers of the World Gymnaestrada

The figures symbolise the participants who are visiting us in 2019 – sportsmen and women in all varieties of expression, happiness and ability. They are ambassadors, messengers, guides, decorative elements and a visible symbol of the anticipation for the 2019 event.

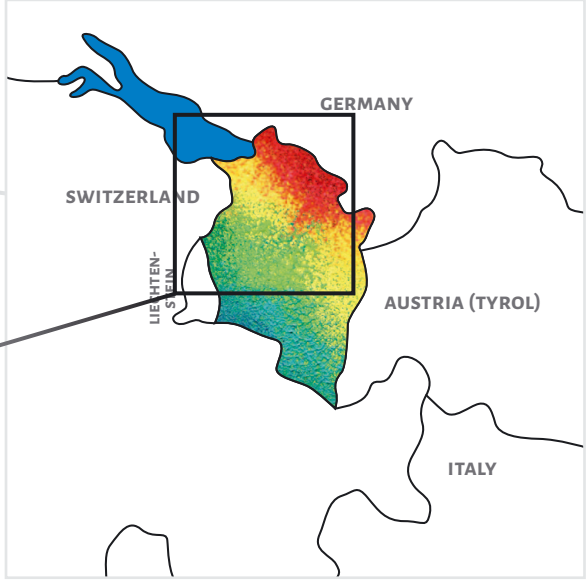


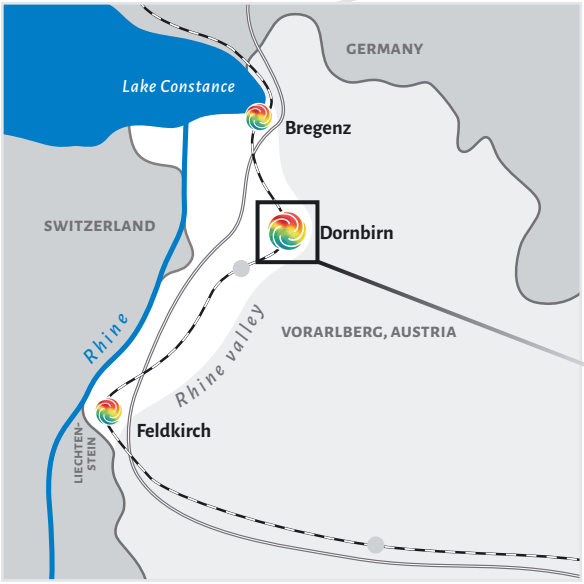
2

Host country

Austria is a European country, member of the EU and geographically located in the heart of Europe.

Vorarlberg is one of nine Austrian provinces. It is the western most province and borders on to Switzerland, the Principality of Liechtenstein and Germany.





The Rhine Valley is an elongated valley, which is located east of the River Rhine, which forms the border to Switzerland.

Dornbirn is the biggest town in Vorarlberg, lies in the northern part of the Rhine Valley and has a population of almost 50,000.

2.1 | Austria

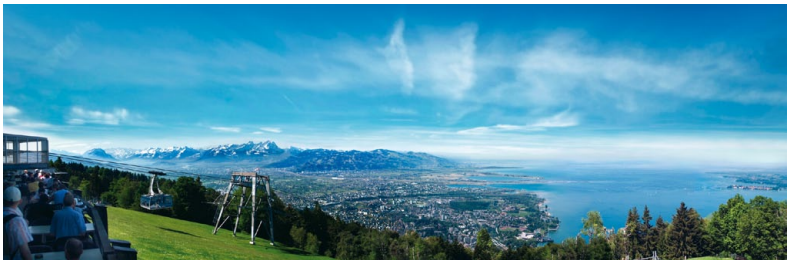
It is the country in the heart of Europe with a long history and great tradition in gymnastics. The first time was back in 1965 in Vienna, and after Dornbirn 2007, the 16th World Gymnaestrada will be again in Dornbirn/Vorarlberg, the western most region of Austria from 7th to 13th July 2019.

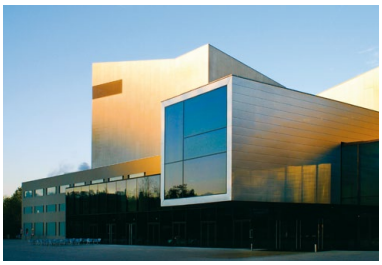
2.2 | Vorarlberg

Vorarlberg is because of its geographical position an ideal location to stage the World Gymnaestrada. The immediate neighbouring countries are Germany and Switzerland, both with long traditions in the gymnastic sports. Vorarlberg with its favourable location in the three country corner, nestled between the Principality of Liechtenstein, Switzerland and Germany, the region profits from the easy access to international airports like Zürich (CH) or Munich (D).

The Vorarlberg landscape plays a big role for the participants of the World Gymnaestrada 2019. The towns and villages as well as the event locations are surrounded by naturally beautiful scenery, whether it is from Lake Constance, over the reed lands right up to the mountains of the Alps. The beauty of the landscape, the cultural offerings, historical sights and the varied gastronomy offers the participants impressive experiences daily.

A speciality is of course the Vorarlberg dialect. Even those who speak German perfectly have to reckon with asking about certain words. So often on Austrian television with Vorarlberg text, German subtitles are used, so it can be understood throughout Austria. Thank goodness English is spoken at the Gymnaestrada and so what … we can always communicate very sportsmanlike with hands and feet.





2.3 | Dornbirn and the Rhine Valley

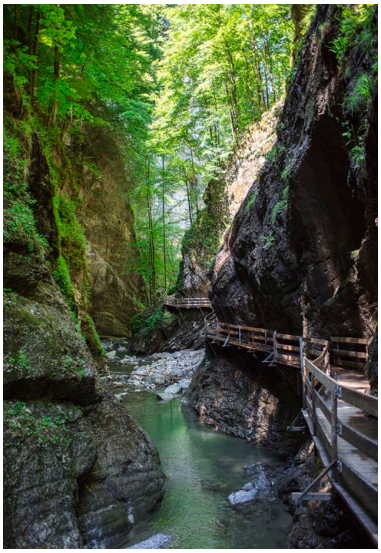
During the Gymnaestrada, Dornbirn will be the centre of events. The Sports- and Trade Exhibition town with a population of almost 50,000 excels with a good transport infrastructure, abundant schools and hotels as well as the Trade Exhibition Centre as the central venue for the World Gymnaestrada 2019.

Dornbirn is the largest town in the province of Vorarlberg but not the capital, which is Bregenz, located directly by the Lake of Constance. During the Gymnaestrada the Large Group Performances will be held there. Bregenz is only 12km from Dornbirn and can be easily reached by train in only 10 minutes.

Preparations for this gigantic gymnastics festival are also being made in other towns and villages in the Rhine Valley; at the moment it is estimated that there will be open-air stages in eight communities to thrill and delight the audience. The Vorarlberg Rhine Valley has many other communities in addition to Dornbirn and Bregenz with charming landscape characteristics and well-known for its hospitality.

On the basis of these conditions, it is for us a big objective to show the closeness and solidarity to the Gymnaestrada participants. So the care and accommodation of the participants as in 2007, will be taken in the respective communities in a very personal atmosphere. With the creation of the so called "National Villages" personal contact generates between the participating nations and the host towns and villages resulting in personal friendships and experiences. For many gymnasts it will be a "return to friends", as in 2007 national Villages were organised in this manner and easily lead to many friendships.

Wishes and ideas of the participating nations regarding accommodation for 2019 will be taken into consideration as far as possible.

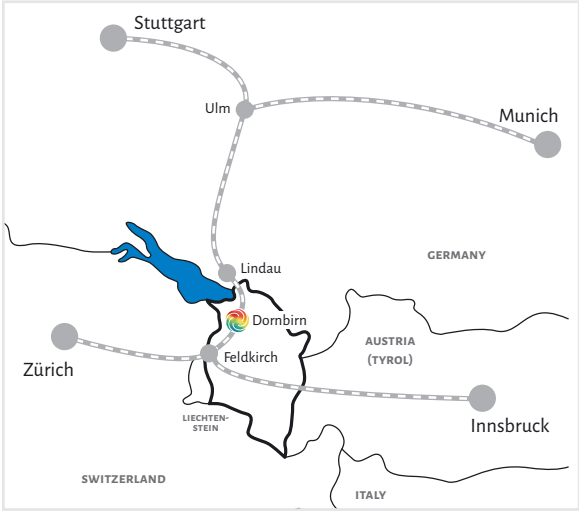


2.4 | Travel

Dornbirn is in the heart of Europe and is easily reached with different means of public transport.

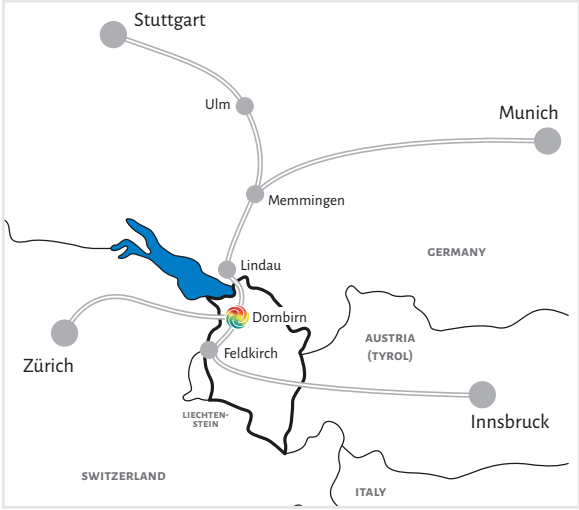
From central Europe by train ...

- Zürich – Feldkirch – Dornbirn
- Stuttgart – Ulm – Lindau – Dornbirn
- Munich – Lindau – Dornbirn
- Innsbruck – Dornbirn
- Vienna – Innsbruck – Dornbirn



From central Europe by coach ...

- Zürich – St. Margrethen – Lustenau – Dornbirn (N13)
- Stuttgart – Ulm – Memmingen – Lindau – Dornbirn (A8, A7, A96, A14)
- Munich – Memmingen – Lindau – Dornbirn (A96, A14)
- Innsbruck – Dornbirn (A12, A14)



From all over the world by airplane ...

- Zürich
- Stuttgart
- Munich
- Innsbruck
- Friedrichshafen
- Memmingen
- Altenrhein

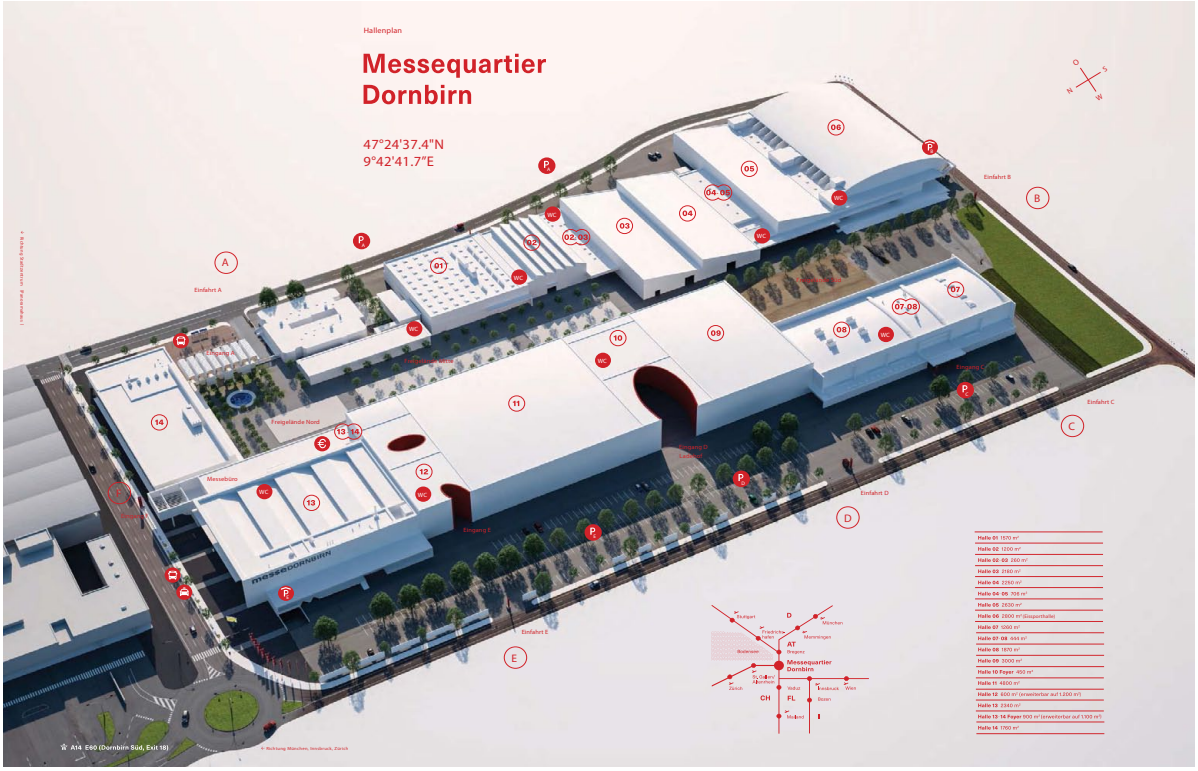
3

Venues

The venue locations for the World Gymnaestrada 2019 are spread throughout the Vorarlberg Rhine Valley and are easily reached by public transport. Those of you who were here in 2007 know that the distances are well manageable. While the Large Group Performances were held in Lustenau in 2007, now for 2019 will be in Bregenz next to the Lake Constance. The Opening and the Closing events as well as the Dornbirn Special will be in the Dornbirn Birkenwiese Stadium and the Group Performances as well as almost all the evening events will be in the Dornbirn Trade Exhibition Centre. Also in different towns and villages open-air stages will be built.

3.1 | Trade Exhibition Centre Dornbirn

The Dornbirn Trade Exhibition centre is the heart of the Gymnaestrada, as here all Group Performances, the National Performances and the FIG Gala will take place. Catering, exchanges and entertainment are provided by the catering hall and the Gymnaestrada Mile. The whole area comprises of an exhibition and event area of 34,000sqm in 14 halls as well as an outside area of 18,000sqm. At the moment building work is being undertaken and by 2019 two new and modern halls will be available, where the World Gymnaestrada will surely be the first big event experienced there.



3.2 | Birkenwiese Dornbirn

The Opening and Closing Ceremonies will take place at the Birkenwiese Stadium in Dornbirn as well as the Dornbirn Special of the World Gymnaestrada 2019. With ideal transport connections to the whole of the Rhine Valley, it has standing tribunes for 25,000 spectators, with the nearby recreational area of the river Dornbirner Ache, it's an ideal location for the happy starting, finishing and the Dornbirn Special of this world gymnastics festival.

3.3 | Casino Stadium Bregenz

The Casino Stadium in Bregenz has a 6,800 sqm playing area, with seating for 2,600 (1,000 seats are roofed) and terraces for 7,600. It is located near the railway station, the lake and the city centre and so fulfils many requirements of the Large Group Performances taking place there.

3.4 | Open-air Stages

It is estimated that there will be eight different towns and villages where open-air stages will be built to allow the local population to experience and enjoy close-ups of the numerous City Performances.

4

Programme

Dated July 2016: This is a provisional programme outline, changes are possible. More detailed information will be published in bulletins to follow.

4.1 | Opening Ceremony

Location	Birkenwiese Stadium, Dornbirn
Date	Sunday, 7. July
Time	16.00h
Duration	2 hours
Capacity	25,000 persons

4.2 | Group Performances

Location	Trade Exhibition Centre Dornbirn, 8 halls
Date	Monday, 8. to Friday, 12. July
Time	Daily from 9.00 to 18.00h
Duration	10 or 15 minutes per show
Capacity	Up to 1,000 persons

4.3 | Large Group Performances

Location	Casino Stadium, Bregenz
Date	Tuesday, 9. to Friday, 12. July
Duration	max. 15 minutes per show
Capacity	10,000 persons

4.4 | City Performances

Location	An estimated eight open-air stages in centres of different towns and villages
Date	Monday, 8. to Friday, 12. July
Duration	5 to 15 minutes per show

4.5 | National Performances

Location	2 Halls Trade Exhibition Centre Dornbirn With a total of 12 National Performances: 6 National Performances in the Ice Stadium 6 National Performances in the new Exhibition hall
Date	Monday 8., Tuesday 9. and Thursday, 11. July
Time	Each time at 18.00h and 20.30h
Duration	1,5 hours
Capacity	Ice stadium seating for 4,000 New Exhibition Hall seating for 2,500

4.6 | Dornbirn Special

As we loved the idea of "Midnight Sun Special" in Finland we decided to use this concept ourselves. On Wednesday evening we have now organised a special for the Large Groups and we have called it the "Dornbirn Special".

Location	Birkenwiese Stadium, Dornbirn
Date	Wednesday 10. July
Time	19.00h
Capacity	25,000

4.7 | FIG Gala

Location	Trade Exhibition Centre, Ice stadium
Date and time	Friday 12. July 18.00h and 20.30h Saturday 13. July 10.00h
Duration	Each time 1,5 hours
Capacity	4,000 persons per show

4.8 | Closing Ceremony

Location	Birkenwiese Stadium, Dornbirn
Date	Saturday 13. July
Time	16.00h
Duration	1,5 hours
Capacity	25,000 persons

5

Information for Registration

5.1 | Time schedule

The countdown has begun!

2017	
February	Bulletin 2
19. to 21. May	1st Information Meeting
July	Registration, Notification of interest, Registration for FIG Gala
2018	
January	Notification of the expected number of participants and units for Group Performances and Large Group Performances, Application for a National Performance
March	Confirmation to the member federations of: Number of units, FIG Gala participation, National Performances. Bulletin 3
May	Signed agreement for National Performances
July	Provisional Registration deadline
September	2nd Information Meeting
November	Bulletin 4
2019	
January	Definitive Registration (payment of the first 50% from all participants' Cards) *Depending on participating Federations own administrational rules the Definitive Registration can be earlier.*
March	Bulletin 5
May	Final payment deadline for all payments Performance schedule sent to all a NF's
7. to 13. July	16. Weltgymnaestrada in Dornbirn

5.2 | Gymnaplana

The Gymnaplana programme has been checked, tested and is completely up to date and will again support us in the preparations. Lukas Köb, a resident of Vorarlberg, who wrote the Gymnaplana programme for the World Gymnaestrada in 2007 will again assist us in the registration process and with his wide-ranging experience support us professionally.

6

Contact

6.1 | LOC – Local Organising Committee

Weltgymnaestrada 2019 gemeinnützige GmbH
J.-A.-Herrburger Straße 8
6850 Dornbirn
Austria

Contact person:
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christina.maeser@wg2019.at
Tel. +43 5572 93 18 01

www.wg2019.at

6.2 | FIG – Fédération Internationale de Gymnastique

Fédération Internationale de Gymnastique
Avenue de la Gare 12
1003 Lausanne
Switzerland

Contact person:
Mr. Alexandre Cola

acola@fig-gymnastics.org
Tel. +41 21 321 55 18

www.fig-gymnastics.com

6.3 | Websites

www.fig-gymnastics.com, www.wg2019.at and **facebook.com/wg2019** are our official web platforms, accessible for everyone!